



You are not alone

Domestic/Intimate Partner Violence Resources

May 2017

Access to Crisis Support, Navigation and Referral to Services

Assaulted Women's Helpline 24-hour crisis line 416-863-0511 or 1-866-863-0511
<http://www.awhl.org/> or TTY 1-866-863-7868

- Provides support, safety planning, information and referral to services throughout Ontario

City of Toronto, Employee Assistance Program (EAP) 416-392-6633 or TTY 416-338-2916
<http://insideto.toronto.ca/hrweb/eap/index.htm>

- Provides consultation, information and referral to specialized services as well as short-term confidential counselling
- Access to after-hours counsellor available through the same number

Femaide 1-877-336-2433 or TTY 1-866-860-7082
<http://femaide.ca/>

- 24-hour crisis line for French-speaking women

Toronto Police Service Emergencies 9-1-1 and non-emergencies 416-808-2222
<http://www.torontopolice.on.ca/communitymobilization/domesticviolence/>

TPS Domestic Violence Co-ordinator 416-808-0104

Victim Services Toronto 416-808-7066
<http://www.victimsvicestoronto.com/>

- Immediate support for victims of crime

Victim Services High Risk Support Services 416-808-7077
<http://victimsvicestoronto.com/programs/high-risk-support-services/>

- Includes Domestic Violence Emergency Response Services
- Assists with safety plans, advocacy and court accompaniment.

Assistance with Criminal and Family Court Proceedings

Victim Support Line

416-314-2447 or 1-888-579-2888

<http://www.attorneygeneral.jus.gov.on.ca/english/ovss/programs.php>

- Assists victims once charges have been laid
- Provides information about the criminal justice system
- Provides information on status of adult offenders including parole hearing dates, decisions, escapes and release dates
- Facilitates registration with the Victim Notification System
- Refers to victim/witness assistance and other support programs
- Connects with family court support worker programs

Family Court Support Worker Program

416-314-2447 or 1-888-579-2888

https://www.attorneygeneral.jus.gov.on.ca/english/ovss/family_court_support_worker_program/

- Provides information about family court processes
- Helps victims prepare for family court proceedings
- Refers victims to specialized services and supports
- Assists with safety planning including getting to/from court safely

Barbra Schlifer Commemorative Clinic (Toronto)

416-323-9149

<http://schliferclinic.com/>

Women & Children's Shelter (Barrie)

705-728-2544 or 1-800-461-1716

<http://barrieshelter.com/>

India Rainbow Community Services (Brampton)

905-275-2369

<http://indiarainbow.org/>

Yellow Brick House (Newmarket)

1-800-263-3247

<http://www.yellowbrickhouse.org/>

Luke's Place (Oshawa)

905-728-0978 or 1-866-516-3116

<http://lukesplace.ca/>

Justices of the Peace

<http://www.ontariocourts.ca/ocj/how-do-i/find-a-justice-of-the-peace>

- Alternate route to request laying of charges
- Issuing of Peace Bond Applications
- Commissioner for taking Affidavits

Metro East	416-325-0354
Metro North	416-314-4213
Metro West	416-314-3973
College Park	416-325-8967
Old City Hall, Room 159	416-327-5179

Ontario Courts, Superior Court of Justice, 393 University Ave.

Family Court, 10th Floor 416-327-5542

- Forms for Exclusive Possession (of matrimonial home) Order
- Application for Restraining Orders
http://www.attorneygeneral.jus.gov.on.ca/english/family/guides/restraining_order/

Office of the Children's Lawyer, 14th Floor 416-314-8000

Integrated Domestic Violence Court Toronto

<http://www.ontariocourts.ca/ocj/integrated-domestic-violence-court/>

- Single judge hears both family and criminal law cases related to one family which involve domestic violence
- Charges may include assault, stalking and failure to comply with previous court orders
- Disposition may include referral to Partner Assault Response (PAR) programs and coordinated prosecution

311 Jarvis St., Courtroom 10 416-327-6868

[Victim/Witness Assistance Programs - Toronto](http://www.torontopolice.on.ca/community/domesticviolence/vwapcontact.php)

<http://www.torontopolice.on.ca/community/domesticviolence/vwapcontact.php>

College Park	416-325-6117
Old City Hall	416-327-5959
311 Jarvis St. (Family Court)	416-212-1452
361 University Ave. (Superior Court)	416-327-5946
Etobicoke (Metro West)	416-314-3944
North York	416-314-0009
Scarborough	416-325-0351
Toronto Region	416-212-1310
Central Region	905-853-4852
Central West Region	905-521-7590

Obtaining Legal Advice

Family Law Information Centres

<http://www.attorneygeneral.jus.gov.on.ca/english/family/infoctr.php>

- Free summary legal advice
- Information about legal services and court processes
- Assistance in completing court forms and documents
- Scheduling for Mandatory Information Sessions

Toronto - 311 Jarvis St.	416-326-1694
North York - 47 Sheppard Ave. E.	416-250-6161
Toronto - 393 University Ave. Suite 900	416-593-5393
Barrie - 75 Mulcaster Street	705-739-6446
Durham Region - 150 Bond St E., Oshawa	905-579-1988 or 1-877-294-6529
Milton - 491 Steeles Avenue East	905-878-7281 x 3447
Peel Region - 7755 Hurontario St, Rm 280, Brampton	905-456-4700 x 5454
York Region - 50 Eagle Street West, 2nd Floor	853-4809 x 6223

Legal Aid Ontario

416-979-1446 or 1-800-668-8258

http://www.legalaid.on.ca/en/getting/type_domesticviolence.asp

- Provides a free, two-hour, emergency consultation to anyone experiencing domestic violence
- Gives lower income people access to additional funded legal services
- Applicants must apply for a [Legal Aid Certificate](#) and be approved to receive ongoing services

<http://www.legalaid.on.ca/en/getting/eligibility.asp>

Toronto Family Law Office, 393 University Av, Ste. 420	416-348-0001 or 1-800-331-9618
Toronto	416-598-0200
Etobicoke	416-237-1216
North York	416-730-1588
Scarborough	416-750-7172
Oakville	905-845-7591
Brampton	905-453-1723

Duty Counsel

<http://www.legalaid.on.ca/en/contact/contact.asp?type=dc>

- Lawyers at courthouses who can give immediate, legal assistance to low-income people who appear in court without a lawyer

Toronto	416-327-2064
Brampton Courthouse	905-456-4700
Newmarket Courthouse	905-836-8580
Oshawa Courthouse	905-979-1251

Community Legal Services

(Some clinic services limited by income testing and catchment area)

The Law Society of Upper Canada, Lawyer Referral Service 416-947-3315 or 1-800-668-7380

<http://www1.lsuc.on.ca/LawyerParalegalDirectory/index.jsp>

Legal Aid Ontario 1-800-668-8258

http://www.legalaid.on.ca/en/getting/type_domesticviolence.asp

- Free emergency two-hour consultation for domestic violence

Barbra Schlifer Commemorative Clinic 416-323-9149

<http://www.schliferclinic.com/>

Downtown Legal Services (University of Toronto Law School) 416 978-6447

<http://www.downtownlegalservices.ca/>

Metro Toronto Chinese and Southeast Asian Legal Clinic 416-971-9674

<http://mtcscalc.org/en/>

Parkdale Community Legal Services 416-531-2411

<http://www.parkdalelegal.org/>

Unison Community Legal Services 416-645-7575 x 3

<http://unisonhcs.org/community-services/legal-services/>

Rexdale Community Legal Clinic 416-741-5201

<http://www.rexdalecommunitylegalclinic.ca/>

York Community Services 416-653-5400

<http://www.ycservices.com/>

Community & Legal Aid Services Program 416-736-5029

(Osgoode Hall Law School, York University)

<https://www.osgoode.yorku.ca/community-clinics/welcome-community-legal-aid-services-programme-clasp/>

Criminal Injuries Compensation Board 416-326-2900 or 1-800-372-7463

<http://www.cicb.gov.on.ca/>

Obtaining Financial Support for Dependent Children

Family Responsibility Office (FRO) 416-326-1818 or 1-800-267-7263

<http://www.mcsc.gov.on.ca/en/mcsc/programs/familyResponsibility/>

- Collects, distributes and enforces court-ordered child and spousal support payments

FRO - Customer Service Unit 416-243-1909 or 1-888-815-2757

Supervised Access Programs

<http://www.attorneygeneral.jus.gov.on.ca/english/family/supaccess.asp>

Supervised Access Centres 416-212-2028 or 1-877-661-9977

<https://www.attorneygeneral.jus.gov.on.ca/english/family/supcentres.php>

- Where parents exchange or visit children under supervision

Access for Parents and Children Toronto 416-304-1221

<http://www.accessforparentsandchildren.on.ca/homepage.html>

Dufferin Child & Family Services – Orangeville 519-941-1525

<http://dcafs.on.ca/headwaters-family-visit-centre/objectiveswho-may-benefit/>

Durham Region Municipality 905-619-4565 x 305 or 416-518-1569

- **Side by Side Access Services Durham Region**

<http://sidebysideservices.ca/>

Access Counselling and Family Services Halton Region 905-637-5256

<http://www.accesscounselling.ca/supervised-access-program/>

Social Enterprise for Canada Peel Region 1-844-373-4515

<http://www.socialenterprise.ca/supervised-access-services/>

Social Enterprise for Canada York Region 1-844-373-4515

<http://www.socialenterprise.ca/supervised-access-services/>

Ministry of Community Safety & Correctional Services Probation and Parole Offices

http://www.mcscs.jus.gov.on.ca/english/corr_serv/comm_corr/loc_of_off/CS_pandp_office.html

Toronto District Court	416-314-9701
Toronto East Detention Centre	416-750-3513
Toronto (Don) Jail Office	416-325-4456
Toronto West Detention Centre	416-675-1806

Community Support Services

[Ontario Network of Sexual Assault & Domestic Violence Care Centres \(SADVCC\)](#)

<http://www.satcontario.com/en/view.php?key=39&lang=en>

Toronto Rape Crisis Centre: Multicultural Women Against Rape 416-597-8808

<http://trccmwar.ca/>

SADVCC @ Women's College Hospital (Downtown Toronto) 416-323-6040

<http://www.womenscollegehospital.ca/programs-and-services/sexual-assault-domestic-violence-care-centre/>

SADVCC @ The Scarborough Hospital (East Toronto) 416-495-2555

<http://www.tsh.to/areas-of-care/emergency/sexual-assault-and-domestic-violence/>

SADVCC @ Lakeridge Health (Durham Region) 905-576-8711 x 3286

<https://www.lakeridgehealth.on.ca/en/ourservices/resources/DV.pdf>

SADVCC @ Trillium Health Centre (Peel Region) 905-848-7580 x 2548

<https://trilliumhealthpartners.ca/patientservices/womens/Pages/sexualassault.aspx>

SADVCC @ Mackenzie Health (York Region) 905-832-1406 x 1

http://mackenziehealth.ca/patient_services_emergency_page.php?id=404

Community Counselling Services for Victims of Abuse

Barbra Schlifer Commemorative Clinic

416-323-9149

<http://www.schliferclinic.com/>

Catholic Family Service Toronto Woman Abuse Program

416-222-0048

https://www.cfstoronto.com/client/cfs/cfs_lp4w_Ind_webstation.nsf/page/Woman+Abuse

Canadian Hearing Society Connect Counselling Program

TTY 1-877-223-7010

(Deaf, Hard of Hearing & Speech Impaired Clients)

or tel. 416-928-2512

https://www.cfstoronto.com/client/cfs/cfs_lp4w_Ind_webstation.nsf/page/Woman+Abuse

Chinese Family Services

416-979-8299 or 1-866-979-8298

<http://www.chinesefamilyso.com/en/programs.asp#3>

Dr. Roz's Healing Place

416-264-4357

<http://www.drrozshealingplace.com/>

Family Service Toronto Violence Against Women Program

416-595-9618

<https://familyservicetoronto.org/our-services/programs-and-services/violence-against-women/>

Family Services David Kelley Program for LGBTQ+ Community

416-595-9618

<https://familyservicetoronto.org/our-services/programs-and-services/david-kelley-services/>

Interval House - Building Economic Self Sufficiency Program

416-924-1411 x 228

<http://www.intervalhouse.ca/our-holistic-approach/community-program/bess>

Jewish Child & Family Services Woman Abuse Program

416-638-7800

<http://www.ifandcs.com/#!woman-abuse-services/cdh>

Native Child and Family Services Toronto https://www.nativechild.org/	416-969-8510
North York Women's Centre http://nywc.org/	416-781-0479
Opportunity for Advancement http://ofacan.com/	416-787-1481
Polycultural Immigrant & Community Services - Family Violence Program http://www.polycultural.org/what-we-do/family-violence-and-addiction	
Rexdale Women's Centre http://www.rexdalewomen.org/	416-745-0062
Riverdale Immigrant Women's Centre http://www.riwca.ca/	416-465-6021
Scarborough Women's Centre http://www.scarboroughwomenscentre.ca/	416-439-7111
Sherbourne Health Centre for the LGBTQ+ Community http://sherbourne.on.ca/	416-324-4180
South Asian Women's Centre http://www.sawc.org/	416-537-2276
The 519 Centre Counselling for the LGBTQ+ Community http://www.the519.org/	416 392-6874 x 4000
Tropicana Community Services http://tropicanacommunity.org/	416-439-9009
West Neighbourhood House http://www.westnh.org/programs-and-resources/adults/violence-against-women-and-children/	416-532-4828
YWCA – Breakthrough Program http://www.ywcatoronto.org/shelter_housing_support/support/breakthrough.htm	416-487-7151 x 266

Child Abuse and Neglect

Child Protection Services/Children's Aid Societies

Children's Aid Society of Toronto http://www.torontocas.ca/	416-924-4646
Catholic Children's Aid Society of Toronto http://www.torontoccas.org/	416-395-1500
Jewish Family and Child http://www.jfandcs.com/#!child-abuse-and-neglect/c1pfo	416-961-9344
Native Child and Family Services http://www.nativechild.org/	416-969-8510

Child Abuse/Sexual Assault/Neglect - Investigation and Treatment 416-813-6245
or 416-813-7500

Hospital For Sick Children, Suspected Child Abuse and Neglect (SCAN) Program

<http://www.sickkids.ca/scan/>

- Team member on call after hours

Shelters for Assaulted Women & Children

Toronto Region Shelters for Assaulted Women and Children

Assaulted Women's Helpline

416-863-0511 or 1-866-863-0511

<http://www.awhl.org/>

- 24-hour information on available shelter space for assaulted women

Sheltersafe

<http://www.sheltersafe.ca/ontario/>

- Directory of women's shelters and transition homes

Anduhyaun

416-920-1492 x 221

<http://www.anduhyaun.org/>

- Aboriginal women and their children

Dr. Roz's Healing Place (Scarborough South)

416-264-4357

<http://www.drrozsh healingplace.com/>

Ernestine's Women's Shelter (Downtown/Central)

416-746-3701

<http://www.ernestines.ca/>

Interval House (Downtown/Central)

416-924-1491

<http://www.intervalhouse.ca/>

Jewish Family and Child (Kosher)

416-638-7800

<http://www.jfandcs.com/#!woman-abuse-services/cdh>

Juliette's Place (Scarborough North)

416-724-1316

<http://www.juliettesplace.org/>

Maison d'hébergement pour femmes francophones

647-777-6433

<http://www.lamaison-toronto.org/>

Muslim Welfare Home (Whitby)

905-665-0424 or 1-866-666-1115

<https://www.muslimwelfarecentre.com/causes/muslim-welfare-home/>

Nellie's (Downtown/Central)

416-461-1084

<http://www.nellies.org/>

North York Women's Shelter

416-635-9630

<http://nyws.ca/>

The Redwood

416-533-8538

<http://www.theredwood.com/>

Women's Habitat of Etobicoke http://womenshabitat.ca/	416-252-5829
Woodgreen Red Door Shelter (Downtown) https://www.reddoorshelter.ca/	416-423-0310
Yorktown Shelter for Women (Former City of York) http://www.yorktownfamilyservices.com/shelter-for-women/	416-394-2999
YWCA Women's Shelter http://www.ywcatoronto.org/shelter_housing_support/shelter/shelter.htm	416-693-7342
YWCA First Stop Woodlawn http://www.ywcatoronto.org/shelter_housing_support/shelter/shelter.htm	416-922-3271
YWCA Arise Shelter http://www.ywcatoronto.org/shelter_housing_support/shelter/arise.htm	416-929-3316

Shelters for Assaulted Women and Children - Greater Toronto Area

Dufferin Region

Family Transition Place (Orangeville) http://www.familytransitionplace.ca/	1-800-265-9178 or 519-941-4357 or 905-584-4357
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Durham/Kawartha Lakes/Peterborough Region

Anishnaabe Kwewag Gamig Regional Women's Shelter (Roseneath) http://www.akgshelter.com/	905-352-3708 or 1-800-388-5171
Bethesda House (Bowmanville) http://bethesdahouse.ca/	905-623-6050 or 1-800-338-3397
Denise House (Oshawa) http://www.thedenisehouse.com/home.php	905-728-7311 or 1-800-263-3725
Herizon House (Ajax/Pickering) http://www.herizonhouse.com/resources/shelter-services/	905-426-1064 or 1-866-437-4066
Muslim Welfare Home (Whitby) https://www.muslimwelfarecentre.com/causes/muslim-welfare-home/	905-665-0424 or 1-866-666-1115
YWCA Y's Wish Shelter (Oshawa) http://www.ywcadurham.org/#!emergencyshelter/tsv6s	905-576-2997 or 1-888-576-2997
Victoria's Shelter (Lindsay) http://womensresources.ca/emergency/	705-878-3662 or 1-800-565-5350

Halton Region

Family Transition Place (Orangeville) http://www.familytransitionplace.ca/	1-800-265-9178 or 519-941-4357 or 905-584-4357
Halton Women's Place (2 locations – Milton & Burlington) http://www.haltonwomensplace.com/	905-878-8555 or 905-332-7892

Kawartha Lakes Region

Victoria's Shelter (Lindsay)

705-878-3662 or 1-800-565-5350

<http://womensresources.ca/emergency/>

Peel Region

Interim Place (Two locations in Mississauga)

905-403-0864 or 905-676-8515

<http://www.interimplace.com/>

or 1-855-676-8515

Honeychurch Family Life Resource Centre

905-451-4115

<http://flrc.ca/en/>

Peterborough Region

YWCA Crossroads Shelter (Peterborough)

705-743-4135 or 1-800-461-7656

<http://ywcapeterborough.org/emergency-shelter/>

Simcoe Region

Green Haven Shelter for Women (Orillia)

705-327-7319 or 1-888-285-6958

<http://greenhavenshelter.com/>

My Sister's Place (Alliston)

705-435-3835 or 1-800-461-5419

<http://www.mysistersplace.ca/>

Women and Children's Shelter (Barrie)

705-728-2544 or 1-800-461-1716

<http://barrieshelter.com/>

Shelter House (Midland)

<http://www.shelterhousemidland.org/>

Rosewood Shelter (Midland)

705-526-4211 (24hr) or 1-800-461-1750

<http://www.huroniatrtransitionhomes.ca/services-and-programs/rosewood-shelter/>

York Region

Sandgate Women's Shelter of York Region

905-722-3220 or 1-800-661-8294

(Richmond Hill and Jackson's Point)

<http://sandgate.ca/>

Transitional and Supportive Housing Services of York Region

905-898-1015

Vaughan Women's Shelter (Vaughan)

1-877-382-1888

<http://www.etavaughan.com/>

Yellow Brick House (Richmond Hill and Aurora)

1-800-263-3247 or 905-727-1944

<http://www.yellowbrickhouse.org/>

Emergency Shelter – General – Toronto

City of Toronto Hostel Services

416-338-4766 or 1-877-338-3398

(Emergency Shelter Information)

<http://www1.toronto.ca/wps/portal/contentonly?vgnextoid=cf2ed4b4920c0410VgnVCM10000071d60f89RCRD>

Shelters for Pets

Safe Pet Program 1-866-863-0511
<https://www.ovma.org/pet-owners/safepet-program/>

Boards of Education

Toronto District School Board 416-397-3000
<http://www.tdsb.on.ca/>

Toronto Catholic District School Board 416-222-8282
<https://www.tcdsb.org/Pages/default.aspx>

Durham District School Board 905-666-5500
<http://ddsb.ca/Pages/default.aspx>

Durham Catholic District School Board 1-877-482-0722
<http://www.dcdsb.ca/en/index.aspx>

Peel District School Board 905-890-1010 or 1-800-668-1146
<http://www.peelschools.org/Pages/default.aspx>

Dufferin-Peel Catholic District School Board 905-890-1221
<http://www3.dpcdsb.org/>

York Region District School Board 416-969-8131 or 905-727-3141
<http://www.yrdsb.ca/Pages/default.aspx>

York Catholic District School Board 416-221-5051 or 905-713-1211
<http://www.ycdsb.ca/>

Housing Assistance

Toronto Community Housing (Priority to victims of abuse) 416-981-5500
<https://www.torontohousing.ca/>

Agincourt Community Services Association 416 321-6912 x 225
<http://www.agincourtcommunityservices.com/>

COSTI North York Housing Help Centre 416 244-0480
<http://www.costi.org/>

East York Housing Help Centre 416-698-9306
<http://www.eastyorkhousinghelp.ca/>

Albion Neighbourhood Services - Housing Help (Etobicoke) 416-741-1553
<http://www.albionneighbourhoodservices.ca/>

Housing Connections (Priority to victims of abuse) 416-981-6111
<http://www.housingconnections.ca/>

Scarborough Housing Help Centre 416-285-8070
<http://www.shhc.org/>

Thorncliffe Neighbourhood Office http://www.thorncliffe.org/	416-424-2900 x 0
Unison Health and Community Services http://unisonhcs.org/	416-653-5400 or 416-787-1676
Woodgreen Housing Help Centre http://www.woodgreen.org/	416-645-6000
West Toronto Housing Help Services http://www.wtcls.org/	416-531-0841

Financial Assistance

Ontario Works http://www.mcsc.gov.on.ca/en/mcsc/programs/social/ow/	1-800-267-8097 or 416-326-1234
<ul style="list-style-type: none"> Domestic Violence & Ontario Works http://www.mcsc.gov.on.ca/en/mcsc/programs/social/publications/dom_Violence.aspx 	
Toronto Employment & Social Services http://www.toronto.ca/socialservices/contact.htm	416-392-2956
Employment Insurance, Service Canada http://www.toronto.ca/socialservices/contact.htm	1-800-206-7218

Counselling for Children and their Mothers Who Have Witnessed/Experienced Violence

Aisling Discoveries Trauma Treatment http://aislingdiscoveries.ca/section/trauma-treatment-services	416-321-5464 x 233
Catholic Family Services Toronto - Woman Abuse Services https://www.cfstoronto.com/Client/CFS/CFS_LP4W_LND_Webstation.nsf/page/Woman+Abuse!OpenDocument	416-228-0048
Child Development Clinic - Here to Help Program http://childdevelop.ca/programs/family-violence-services/group-programs#here	416-603-1827
Etobicoke Children's Centre – Trauma Program http://www.etobicokechildren.com/WESAT-Childrens-Program	416-240-1111
Jewish Family and Child Services- Here to Help Program http://www.jfandcs.com/#!here-to-help/cgue	416-638-7800 x 612
Mothercraft – Connections Program http://www.mothercraft.ca/index.php?q=ei-connections	416-920-3515
Native Child & Family Services- Here to Help Program http://www.nativechild.org/adults/family-violence	416-969-8510
Riverdale Immigrant Women's Centre - Violence Against Women and Children Program http://www.rivc.ca/	416-465-6021

Yorktown Family Services - Here to Help Program 416-394-2424 x 228
<http://www.yorktownfamilyservices.com/child-and-family-centre/specialized-groups/>

YWCA- Here to Help Program 416-266-1232 x 22
<https://www.ywcatoronto.org/page.asp?pid=158>

Additional Children's Counselling Services/Parenting Support Programs

Additional Counselling Services and Support Programs (General)

Toronto Public Health (especially 0-6 years) 416-338-7600
<http://www1.toronto.ca/wps/portal/contentonly?vgnextoid=36e60c2c0f412410VgnVCM10000071d60f89RCRD>

Adventure Place North York (0-7 years) 416-744-7650
<http://adventureplace.ca/>

Centre for Addiction & Mental Health (0-16 years) 416-535-8501 x 4405/6248
http://www.camh.ca/en/hospital/care_program_and_services/child_youth_and_family_program/Pages/child_youth_and_family_program.aspx

Delisle Youth Services (13-21 years) 416-482-0081
<http://www.delisleyouth.org/>

East Metro Youth Services (13-21 years) 416-438-3697
<http://emys.on.ca/>

Family Service Toronto (All Ages) 416-595-9615
<https://familyservicetoronto.org/>

George Hull Centre for Children and Families (0-18 years) 416-622-8833
<http://www.georgehullcentre.on.ca/>

Griffin Centre North York (12-18 years) 416-222-1153
<http://www.griffin-centre.org/>

The Hincks-Dellcrest Centre Downtown (0-17 years) 416-633-0515
<https://www.hincksdellcrest.org/>

The Hincks-Dellcrest Centre North York (0-17 years) 416-924-1164
<https://www.hincksdellcrest.org/>

MacCaulay Child Development Centre (0-6 years) 416-789-7441
<http://maccaulaycentre.org/>

Oolagen Community Services (13-18 years) 416-395-0660
<http://www.oolagen.org/>

Rouge Valley Hospital, Shoniker Clinic (0-18 years) 416-281-7301
<http://www.rougevalley.ca/shoniker-clinic>

Youthdale (12-18 years) 416-363-3751 x 2290
<http://youthdale.ca/en/>

Counselling Programs for Assaultive Partners

Partner Assault Response (PAR) Programs - Toronto Region

PAR Programs – Information and Referral 1-888-579-2888 or 416-314-2447

Arbrigo Centre (Portuguese) 416-534-3434

<http://www.abrigo.ca/>

Catholic Family Services of Toronto (Non-Court Mandates) 416-222-0048

https://www.cfstoronto.com/Client/CFS/CFS_LP4W_LND_Webstation.nsf/index.html?readform

Chinese Family Services of Ontario 416-979-8299 or 1-866-979-8298

<http://www.chinesefamilyso.com/en/index.asp>

COSTI Immigrant Services (Italian) 416-244-7714

http://www.costi.org/programs/program_details.php?sid=39&pid=3&id=163

Counterpoint Counselling & Educational Cooperative (Spanish) 416-920-0268

<http://www.counterpoint.coop/>

Elizabeth Fry Toronto (Female PAR) 416-924-3708 or 1-855-924-3708

<http://www.efrytoronto.org/>

Family Service Toronto (English, French, Farsi, Tamil clients) 416-595-9618

<https://familyservicetoronto.org/>

Family Service Toronto David Kelley Program for LGBTQ+ clients 416-595-9618

<https://familyservicetoronto.org/our-services/programs-and-services/david-kelley-services/>

For You Telecare Family Services (Korean) 416-447-3535

<http://futfs.org/>

Jewish Family and Child Services (Jewish – Non Court Mandated) 416-638-7800

<http://www.jfandcs.com/>

John Howard Society 416-925-4386

<http://johnhoward.on.ca/toronto/>

Native Child and Family Services 416-969-8510

<http://www.nativechild.org/>

Polycultural Immigrant & Community Services 416-533-9471

(Polish, Russian, Ukrainian)

<http://www.polycultural.org/>

Rexdale Women's Centre 416-745-0062

(Hindi, Punjabi, West Indian Dialects)

<http://www.rexdalewomen.org/>

Partner Assault Response (PAR) Programs - GTA Region

Access Counselling and Family Services of Halton http://www.accesscounselling.ca/	905-637-5256
Catholic Family Service Peel Dufferin (Multicultural PAR, Punjabi PAR and Female PAR) http://www.cfspd.com/	905-450-1608 x 112
Catholic Family Services of Simcoe County http://cfssc.ca/	705-726-2503 or 1-888-726-2503
Catholic Family Services Hamilton Wentworth http://www.cfshw.com/domestic-violence	905-527-3823 x 279 or 1-877-527-3823
Region of Durham Social Services (Male and Female PAR) http://www.durham.ca/social.asp?nr=/departments/social/family/par/group_sessions.htm&seFooter=/includes/PARFooter.inc	905-666-6240 or 1-866-840-6697
Family Services Peel (English and French) http://www.fspeel.org/	905-453-5775
John Howard Society of York Region http://johnhoward.yorkregion.on.ca/	905-895-9943

**Distress Centres – 24-hour Telephone Support for Callers Experiencing a
Mental Health Crisis**

Distress Centres of Toronto http://www.torontodistresscentre.com/	416-408-4357
Distress Centre of Caledon http://www.spectrahelpline.org/	1-877-298-5444
Distress Centre of Durham http://www.distresscentredurham.com/	905-433-1121 or 1-800-452-0688
Distress Centre of Mississauga & Brampton http://www.spectrahelpline.org/	905-459-7777
Distress Centre of North Halton http://www.distresscentrenorthhalton.ca/	905-877-1211
Distress Centre of Oakville http://www.distresscentreoakville.com/	905-849-4541
Distress Centre of York Region http://www.yssn.ca/310-COPE	1-855-310-2673

Mobile Crisis Programs to Respond to Urgent Mental Health Crises

Will speak to callers on the phone or visit at home or other location.

They do **NOT** provide emergency response services.

For situations involving risk of violence or safety concerns, always call 9-1-1

Gerstein Centre (South Central Toronto) http://www.gersteincentre.org/	416-929-5200
Youthdale Treatment Centres (Toronto – Youth under 16) http://youthdale.ca/en/crisis_services/mobile_response.php	416-363-9990
The Scarborough Hospital (Scarborough & East York) http://www.tsh.to/areas-of-care/mental-health/regional-crisis-programs/	416-495-2891
Toronto Police Service Mobile Crisis Intervention Teams http://www.torontopolice.on.ca/community/mcit.php	9-1-1
<ul style="list-style-type: none">• All Toronto• In partnership with mental health professionals from six hospitals	
Durham Region Mobile Crisis Services http://dmhs.ca/cause/crisis-response/	905-666-0483 or 1-800-742-1890
Halton Region Mobile Crisis Services http://halton.cmha.ca/what-we-do/get-help-and-stay-safe-in-a-crisis/	1-877-825-9011
Peel Region Mobile Crisis Service http://peel.cmha.ca/247csp/	905-278-9036 or 1-888-811-2222 (Caledon)
York Region Mobile Crisis Service http://www.yssn.ca/Crisis-Response-Services	1-855-310-COPE (2673)

Legal Information Related to Domestic Abuse, Intimate Partner Violence and Family Law

- **CLEO - Community Legal Education Ontario**
<http://www.cleo.on.ca/en/resources-and-publications/resources-and-publications>
- **FLEW - Family Law Education for Women**
<http://www.onefamilylaw.ca/>
- **One Family Law - Webinars**
<http://onefamilylaw.ca/en/webinar/%23victim>
- **OWJN- Ontario Women's Justice Network**
http://owjn.org/owjn_2009/
- **Your Legal Rights**
<http://yourlegalrights.on.ca/legal-topic/family-law/partner-abuse>

Community Information Centres

- **Toronto**
<http://www.211toronto.ca/>
- **Durham Region**
<http://www.informdurham.com/>
- **Guelph and Wellington**
<https://communitylinks.cioc.ca/>
- **Halton Region**
<http://search.hipinfo.info/>
- **Hamilton**
<http://www.inform.hamilton.ca/>
- **Niagara Region**
<https://niagara.cioc.ca/>
- **Northumberland/Peterborough/Kawartha/Haliburton**
<https://fourinfo.cioc.ca/>
- **Peel Region**
<https://peel.cioc.ca/>
- **Hastings/Prince Edward Counties**
<http://quinte.cioc.ca/>
- **Simcoe County**
<http://www.infosimcoecounty.ca/>
- **Waterloo**
<http://www.waterlooregion.org/cic/>
- **York Region**
<http://york.cioc.ca/>

Internet Resources

- **Cover Your Tracks Online**
<https://www.ywcatoronto.org/page.asp?l1=51&pid=74>
- **Creating a Safety Plan**
http://www.cleo.on.ca/sites/default/files/book_pdfs/plan.pdf
- **Developing a Safety Plan**
http://www.neighboursfriendsandfamilies.ca/sites/neighboursfriendsandfamilies.ca/files/Safety_planning_for_women_who_are_abused.pdf
- **Safety Planning**
http://owjn.org/owjn_2009/legal-information/aboriginal-law/318
- **Abuse is Wrong in Any Language**
<http://www.justice.gc.ca/eng/rp-pr/cj-jp/fv-vf/fe-fa/pdf/AWAL-MIIL.pdf>
- **Duluth Model of Power and Control**
<http://www.theduluthmodel.org/training/wheels.html>
- **Metropolitan Action Committee on Violence against Women and Children**
<https://www.metrac.org/>

- **Ontario Women's Directorate**
<http://www.citizenship.gov.on.ca/owd/english/>
- **Sexual Assault Care**
<http://www.sacc.to/home/home.htm>
- **Springtide Resources**
<http://www.springtideresources.org/>
- **Stop Family Violence - Public Health Agency of Canada**
<http://www.phac-aspc.gc.ca/sfv-avf/index-eng.php>
- **Violence in the Family - Ministry of the Attorney General**
<http://www.attorneygeneral.jus.gov.on.ca/english/family/violence.php>
- **University of Western Ontario – Centre for Research & Education on Violence against Women and Children**
<http://www.attorneygeneral.jus.gov.on.ca/english/family/violence.php>
- **Women Abuse Council**
<http://www.womanabuse.ca/>

Additional Readings and Resources

- **Abuse in Lesbian Relationships: Information and Resources (Public Health Agency of Canada)**
<http://www.phac-aspc.gc.ca/sfv-avf/publications/femlesbi-eng.php>
- **Abuse in Lesbian Relationships (Alberta Council of Women's Shelters)**
<https://acws.ca/sites/default/files/documents/Module14ABUSEINLESBIANRELATIONSHIPS.doc>
- **Family Violence against Women with Disabilities (Government of Canada)**
<http://publications.gc.ca/collections/Collection/H72-22-9-1993E.pdf>
- **Women with Disabilities and Violence (Disabled Women's Network of Canada)**
<http://www.dawncanada.net/issues/issues/fact-sheets-2/violence/>
- **Abuse of Women with Disabilities (American Psychological Association)**
<http://www.apa.org/topics/violence/women-disabilities.aspx>